

SCI:MX[®]

NUTRITION

SCI-MX[®] Cream of Rice is an easy to make rice cereal with added vitamins and minerals to support health and wellbeing. Each serving also contains DigeZyme[®] digestive enzymes and live cultures for further support. Cream of Rice is a great option as a pre-workout snack to help fuel your workouts or as a post-workout option to replenish muscle glycogen.

INGREDIENTS

White Rice Flour, Vitamin & Mineral Blend (Potassium Chloride, Dicalcium Phosphate, Maltodextrin, Magnesium Oxide, Ascorbic Acid, Ferrous Fumarate, DL-Alpha Tocopherol Acetate, Zinc Citrate, Nicotinamide, Retinol Acetate, Calcium D-Pantothenate, Manganese Sulphate, Copper Sulphate, Cholecalciferol, Pyridoxine HCl, Phytomenadione, Riboflavin, Thiamine Mononitrate, Potassium Iodide, Folic Acid, Sodium Selenite, Chromium Picolinate, Cyanocobalamin), Flavouring, Sweetener (Sucralose), Digestive Enzymes (DigeZyme[®]), Live Cultures (Bacillus coagulans).

ALLERGENS

Produced in a facility that handles Milk, Soya, Egg, Nuts, Fish, Crustaceans and Cereals containing Gluten.

STORAGE

Store in a cool, dry place. For best before end date and batch number, please see pouch.

NUTRITIONALS

Flavoured Rice Powder with Added Vitamins and Minerals, with Sweetener.

VITAMINS & MINERALS	PER 100g	PER 50g SERVING
Vitamin A	240µg RE (30% RI*)	120µg RE (15% RI*)
Vitamin D	1.5µg (30% RI*)	0.75µg (15% RI*)
Vitamin E	3.6mg α-TE (30% RI*)	1.8mg α-TE (15% RI*)
Vitamin K	22.5µg (30% RI*)	11.3µg (15% RI*)
Vitamin C	24mg (30% RI*)	12mg (15% RI*)
Thiamine	0.33mg (30% RI*)	0.17mg (15% RI*)
Riboflavin	0.42mg (30% RI*)	0.21mg (15% RI*)
Niacin	4.8mg NE (30% RI*)	2.4mg NE (15% RI*)
Vitamin B6	0.42mg (30% RI*)	0.21mg (15% RI*)
Folic Acid	60µg (30% RI*)	30µg (15% RI*)
Vitamin B12	0.75µg (30% RI*)	0.38µg (15% RI*)
Biotin	15µg (30% RI*)	7.5µg (15% RI*)
Pantothenic Acid	1.8mg (30% RI*)	0.9mg (15% RI*)
Potassium	500mg (25% RI*)	250mg (13% RI*)
Calcium	240mg (30% RI*)	120mg (15% RI*)
Phosphorus	210mg (30% RI*)	105mg (15% RI*)
Magnesium	113mg (30% RI*)	56mg (15% RI*)
Iron	4.2mg (30% RI*)	2.1mg (15% RI*)
Zinc	3mg (30% RI*)	1.5mg (15% RI*)
Copper	0.3mg (30% RI*)	0.15mg (15% RI*)
Manganese	0.6mg (30% RI*)	0.3mg (15% RI*)
Selenium	17µg (31% RI*)	8.5µg (15% RI*)
Iodine	45µg (30% RI*)	23µg (15% RI*)

PRODUCT CODES

P3203
Unit Barcode: 5050028279891
Outer Barcode: 5050028280255

NUTRITION INFORMATION	PER 100g	PER 50g SERVING
Energy	1512 kJ / 359 kcal	756 kJ / 179 kcal
Fat	2.8g	1.4g
of which saturates	0.9g	0.5g
Carbohydrate	75g	38g
of which sugars	0g	0g
Fibre	2.2g	1.1g
Protein	6.6g	3.3g
Salt	1.6g	0.80g

SIZE	FLAVOUR
2kg	ORIGINAL

VEGETARIAN

*RI = Reference Intake

CASE/PALLET QUANTITIES

P-Code	Size	Units Per Case	Units Per Layer	Cases Per Layer	Units Per Pallet	Layers Per Pallet
P3203	2kg	3	27	9	189	7

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CREAM OF RICE

FAST-ACTING CARBOHYDRATE PERFORMANCE BLEND



23 VITAMINS & MINERALS

ZERO SUGAR

38 GRAMS CARBOHYDRATE PER SERVING